



Disease management

Live better - small changes make a big difference



Chronic conditions such as heart disease, cancer, and diabetes are the leading causes of disability and death in the United States.

Welcome to HealthComp!

We are very pleased to announce our partnership with your employer to provide you with an excellent Disease Management program covered through your health plan.

Our mission is to promote good health. We do this by providing you with a good understanding of your health and health risks; and then assess whether a small change could improve your health.

As a member of our Disease Management program, you will have access to your own personal Nurse who can assist you with the following:

- Motivational coaching
- Medication review
- Prevention reminders
- Evidence based recommendations
- Chronic conditions management (i.e. diabetes, asthma, cardiac conditions)
- Locate a provider
- Act as a patient advocate for you with your physician
- Provide community resources or support group information

Take the first step towards improving your health today. Have each eligible adult in your home complete the enclosed HRA (Health Risk Assessment) and return it to HealthComp.

A nurse will follow up with you if you:

- Have a chronic condition
- Could be at risk for developing a chronic condition

If you do not have a chronic condition or you do not receive a follow up call and you have questions regarding a medication, medical procedure, or how to manage your health, please contact us using the information provided below.

We encourage you to take advantage of these services and participate when you hear from your nurse or call and meet them today!

We thank you for your participation and look forward to assisting you on your health journey!

HealthComp should not be considered as a replacement to your healthcare provider, but rather an additional resource for you.