



Personify Health is here to support you.



Navigating the healthcare system can be complicated and frustrating. With Personify Health, you're not on your own. Your Personal Health Advocates are trained on your health benefits package and are ready to help you understand your benefits, out-of-pocket costs and more.

Your Personify Health benefits package also includes several clinical programs to help you and your family live your healthiest life:



Case Management

Supporting your health journey

When it comes to managing your health effectively, our compassionate team of healthcare professionals is here for you. Whether you're in need of acute care or you're facing cancer, a high-risk pregnancy, or complex conditions like kidney disease and transplants, we have your back. Count on us to provide the support you need through personalized care coordination, discharge planning and follow-up, so you can take control of your health with confidence.

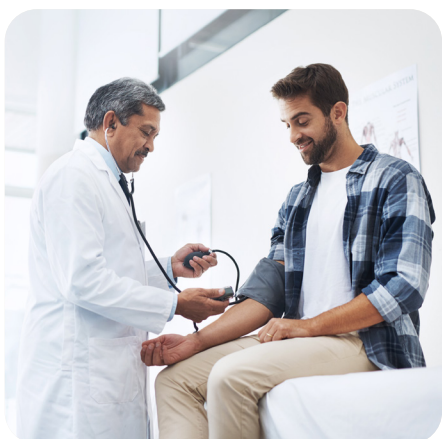
Have questions or want to learn more? Contact us at CareManagement@PersonifyHealth.com



Cancer Awareness

Early detection for better outcomes

We're dedicated to reducing the risk of late cancer diagnoses. Our Cancer Awareness program provides timely reminders of important screenings appropriate for your age and gender, helping to catch potential issues early. Early detection leads to better outcomes, and we're committed to keeping you well informed and empowering you to prioritize your health.



Chronic Disease Management

Taking charge of your health

Our team of clinicians specializes in helping you improve your overall health. We'll work with you to identify gaps in your care and offer advice on how to make positive changes. From reminding you about important screenings, labs, and medications, to providing a quarterly newsletter full of helpful exercise and nutrition tips, we're committed to supporting your wellbeing every step of the way.



Nurturing Together

Guidance for a healthy pregnancy and baby's first weeks

Are you a new parent or expecting a child? Our Nurturing Together program is designed just for you. Get expert guidance on staying healthy throughout your pregnancy and learn how to care for your baby during those crucial first six weeks. We're here to provide the support and information you need for a happy and healthy start to parenthood.